

DB Recovery+ Pocket programme ~ 30 June

recoveryplusdb.com/Agenda

8.00am	'OPEN' 12-STEP MEETING – chaired by John G	2.00pm	BUILDING A TREATMENT RECOVERY COMMUNITY Jason Wyse of the Silkworth Group
9.25am	WELCOME TO DELEGATES – Deirdre Boyd	2.30pm	PAIN, TRAUMA, COMPASSION AND OUR OPIOID CRISIS Dr Bennet Davis, specialist in pain management and recovery
9.40am	WELCOME TO RECOVERY: POLITICS+PERSONAL Recovery Award winner Dan Carden MP	3.00pm	HOW CAN CRIMINAL JUSTICE HELP RECOVERY? Police & crime commissioner Mark Shelford
10.00am	ALCOHOL HARM AND COVID: THE PAN-ENDEMIC Professor Sir Ian Gilmore, chair of the Alcohol Health Alliance	3.30pm	BREAK – coffee/tea, visit exhibitors, enter free raffle(s)
10.30am	THE ROLE, SCIENCE, AND MECHANISMS OF 12-STEP TREATMENT AND MUTUAL-HELP ORGANISATIONS John Kelly, Harvard's first Professor of Addiction Medicine.	4.00pm	RESEARCHING ALUMNI OUTCOMES – SUCCESSES Michael de Munnik MSc
11.0am	BREAK – coffee/tea, visit exhibitors, enter free raffle(s)	4.30pm	CULTURAL ADDICTIONS PSYCHIATRY: TBC Dr Natasha Bijlani MBBS, FRC Psych
11.30am	BUILDING ADOLESCENT RECOVERY CAPITAL Award winner Emily Hennessy of the Recovery Research Institute	5.00pm	DAYHAB GOES ONLINE: LOCKDOWNS AND NOW Chris Cordell and Moira Jobson of Help Me Stop
12.00 noon	WHAT WAS YOUR CHILDHOOD LIKE? Valerie Kading DNP, MBA, MSN, PMHNP-BC	5.30pm	End of conference Day 1.
12.30pm	HOOKED: THE UNEXPECTED ADDICTS Melissa Rice, Jade Wye and Michael Rawlinson	<i>During day</i>	MCs: Deirdre Boyd, Jim Holsomback, Nick Hazell, Philip Fisher
1.00pm	LUNCH – served in the exhibitors' room, overlooking the iconic Tower Bridge; seating here and in presentation rooms See menus.	7.00pm	Recovery+ McLean Deconstructing Stigma Awards Dinner+Ceremony Limited numbers: by invitation only. Thank you to McLean Hospital for sponsoring the Awards.

DB Recovery+ Pocket programme ~ 1 July

8.00am	'OPEN' 12-STEP MEETING – chaired by John G	2.00pm	FOOD ADDICTION: GATEWAY TO OTHER ADDICTIONS Esther Helga Gudmundsdottir MSc
9.25am	WELCOME TO DELEGATES – Deirdre Boyd	2.30pm	ADDICTION AND AFFECT REGULATION Fiona McKinney CPsychol, DCPsych, AFBPsS, HCPC
9.35am	WINGS – FOR RECOVERY FRIENDS AND FAMILIES Singer Gail T As Charged shares her music video	3.00pm	SELF ESTEEM: GOLDEN KEY TO RECOVERY Nikki Munitz and Alan Freeman
9.40am	CHAMPIONING RECOVERY: TREATMENT + POLICY Government recovery champion Ed Day BA, BM, BCh, DM, MRCPsych	3.30pm	BREAK – coffee/tea, visit exhibitors, enter free raffle(s)
10.10am	RECOVERY NETWORKS, COMMUNITY CONNECTIONS World's first Professor of Recovery David Best, Leeds Trinity Uni	4.00pm	HELP ADOLESCENTS: WHEN ALL ELSE FAILS... Piet Jansen of Europe's only rehab for adolescents
10.40am	SUPPORTING FAMILIES IN RECOVERY Jim Holsomback MA, ABT	4.30pm	BENEFITS OF SECOND-STAGE CARE Andrea Taylor MSc, MBacp, FDap Accred
11.05am	BREAK – coffee/tea, visit exhibitors, enter free raffle(s)	5.00pm	WIND DOWN YOUR DAY (AND CLIENTS): MINDFULNESS IN THEORY AND PRACTICE Mary Somerville BA, FRSA, mindfulness and NLP practitioner
11.35am	POST-PANDEMIC THERAPY FOR SEX ADDICTION Paula Hall MBACP (Accred), UKCP Reg, COSRT Acc, ATSAC	5.30pm	End of conference Day 2.
12.05 noon	TECHNOLOGY IN TELEPSYCHIATRY/THERAPY Paul Flynn BA (Hons), MA, MSc (Addictions)	<i>During day</i>	MCs: Deirdre Boyd, Jim Holsomback, Nick Hazell, Philip Fisher
12.35pm	DECONSTRUCTING STIGMA: INFLUENCING MSM Michael Rawlinson, Jonny Ashton of Losing My Twin Rupert		
1.05pm	LUNCH – in the exhibitors' room, overlooking Tower Bridge; seating here and in presentation rooms. See menus.		ENJOY YOUR WEEKEND! We hope memories of and skills & connections from our get-together enhance it even further.

