

DB Recovery+ Pocket programme ~ 27 June

recoveryplusdb.com/Agenda

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| 8.00am | RELAX: MINDFULNESS – facilitated by Mary Somerville
‘OPEN’ 12-STEP MEETING – chaired by John G | 2.00pm | HOW INTERVENTIONISTS CAN WORK WITH REHABS
Interventionists+rehab owners Ken Seeley and Eric McLaughlin. |
| 9.15am | WELCOME TO DELEGATES
Deirdre Boyd | 2.30pm | MAKING MOST OF ALUMNI
Jay Crosson of Cumberland Heights: alumnus now CEO |
| 9.30am | DECONSTRUCTING STIGMA: WORKING TOGETHER
Adriana Bobinchock and Scott O’Brien | 3.00pm | SEX ADDICTION IN RELATIONSHIPS
Justin Marsh of the Laurel Centre |
| 10.00am | PAST, PRESENT, FUTURE OF ADDICTION TREATMENT
Commissioner+rehab CEO Huseyin Djemil | 3.30pm | BREAK – coffee/tea, visit exhibitors, enter free raffle(s) |
| 10.30am | RESPONDING TO SURVIVORS OF CHILD SEXUAL ABUSE
Therapist+author Christiane Sanderson | 4.00pm | POSITIVE PARENTING IN RECOVERY
Danielle Sandler. MSc, PG Dip, BACP |
| 11.00am | BREAK – coffee/tea, visit exhibitors, enter free raffle(s) | 4.30pm | WHEN A THERAPIST HATES A CLIENT
Melanie Oliver, MA, UKCP |
| 11.30am | SUBSTANCE ABUSE IN ADOLESCENT & YOUNG MALES
Butch Glover of Cumberland Heights | 5.00pm | SUPPORTING THE FAMILY SYSTEM IN RECOVERY
Jim Holsomback of McLean Hospital |
| 12.00 noon | SUICIDE, DEPRESSION + ADDICTION – IT’S A COMPLICATED RELATIONSHIP
Introduction by Max Cohen
Presentation by Jaime Vinck of Sierra Tucson | 5.30pm | End of conference.
<i>During day Self-care: complimentary acupuncture by John Wheeler.</i> |
| 1.00pm | LUNCH – served in the exhibitors’ room, overlooking the iconic Tower Bridge; seating here and in presentation rooms | 7.00pm | Recovery+ McLean Deconstructing Stigma Awards Dinner
By invitation only. |

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| 8.00am | RELAX: MINDFULNESS – facilitated by Mary Somerville
‘OPEN’ 12-STEP MEETING – chaired by John G | 1.45pm | HOW ABUSERS KEEP PEOPLE IN THE ABUSE
Nadia Wager of the Independent Inquiry Into Child Sexual Abuse |
| 9.15am | WELCOME TO DELEGATES
Deirdre Boyd | 2.15pm | IDENTIFY WHEN A NARCISSIST PLAYS YOU
Hilary Thompson-Betts MSc PGDip |
| 9.30am | LATEST RESEARCH ON ALCOHOL/DRUG RECOVERY
Professor John Kelly of Harvard University + Recovery Research Inst | 2.45pm | DBT AND BORDERLINE PERSONALITY DISORDER
Blaise Aguirre, asst professor of psychiatry, Harvard |
| 10.00am | RECOVERY POLICY ACROSS THE UK
Government drug champion Ed Day BA BM, BCh MRCPsych | 3.15pm | BREAK – coffee/tea, visit exhibitors, enter free raffle(s) |
| 10.30am | DAYHAB – REHAB IN THE REAL WORLD
Chris Cordell + Vernon Hartshorne of Help Me Stop | 3.40pm | SELF CARE FOR PEOPLE IN PRIVATE PRACTICE
Tamara Howell PGDip, MSc, MBACP (accred) |
| 11.00am | BREAK – coffee/tea, visit exhibitors, enter free raffle(s) | 4.05pm | LGBTQii ISSUES IN ADDICTION + RECOVERY
Dennis Durby MSW/DCSW, CSAT, MBACP-Snr Accred, IITAP |
| 11.25am | SOCIAL CONTAGION OF RECOVERY+HOPE
Professor David Best of Sheffield Hallam University | 4.30pm | CULTURAL ADDICTION ISSUES IN PSYCHIATRY
Dr Natasha Bijlani MBBS, FRCPsych |
| 11.55am | HOW TO CREATE RECOVERY COMMUNITIES
Jason Wyse of the Silkworth Foundation | 5.00pm | SELF-CARE: RECOVERY YOGA - CHAIR YOGA
Colleen Lally BA MSc |
| 12.25pm | LANGUAGE OF HIGHER POWER IN 12-STEP RECOVERY
Wendy Dossett of University of Chester + Higher Power Project | | <i>During day Self-care: complimentary acupuncture by John Wheeler.</i> |
| 12.55pm | LUNCH – served in the exhibitors’ room, overlooking the iconic Tower Bridge; seating here and in presentation rooms | | Enjoy your weekend!
We hope memories of and skills & connections from our get-together enhance it even further. |