



## Thursday

### Cold Buffet / Salad Buffet

Parma Ham, Salami, Pastrami & Turkey  
Smoked Salmon, Smoked Mackerel, Roll Mop Herrings, Prawns, Seafood Salad  
De-Constructed Caesar Salad  
Mixed Spiced Beans  
Red Cabbage Slaw  
Mixed Leaf Salad  
Chopped tomatoes  
Sliced Cucumber  
Gherkins, Silver Skin Onions, Olives, Sundried Tomatoes  
Halloumi & Roasted Vegetables Salad  
Green Superfoods Salad

### Hot Buffet

Spicy Bean & Chorizo Soup  
Stir Fried Beef with ginger soya & Teriyaki Rice Noodles  
Steamed White Fish Fillets & Salsa  
Broccoli, Roasted Garlic & Lemon Oil (v)  
Cardamom Rice (v)  
Roasted Root Vegetables (v)

### Desserts

Lemon Tranche  
Fruit Salad

#### FOOD ALLERGIES AND INTOLERANCES

If you suffer from an allergy or food intolerance please let us know, before ordering, so we can advise you. An information pack is available in the restaurant from your server listing the allergenic ingredients used in our foods, as required by current UK and EC laws. It also describes any associated cross contamination risk which may affect specific menu items. If you would like to consult it, please ask before ordering! Please note that our kitchens are not a nut or allergen free environment.



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Smoked Salmon, Smoked Mackerel, Roll Mop Herrings, Prawns, Seafood Salad  
De-Constructed Caesar Salad  
Mixed Spiced Beans  
Red Cabbage Slaw  
Mixed Leaf Salad  
Chopped tomatoes  
Sliced Cucumber  
Gherkins, Silver Skin Onions, Olives, Sundried Tomatoes  
Avocado, Pancetta & Spinach Salad  
Bulgar Wheat Salad

### Hot Buffet

French Onion Soup (v)  
Lemon & Sumac Chicken  
Miso Salmon with Rice Noodles  
Puttanesca Pasta (v)  
Boulangier Potatoes (v)  
Broccoli, Ginger & Toasted Seeds (v)

### Desserts

Red Velvet Cupcakes  
Fruit Salad

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