

THE TOWER HOTEL

Tuesday

Cold Buffet

Selection of seasonal market salad
Mixed leaf, cherry tomato, dill, cucumber and potato salad
Freshly baked bread rolls and butter
Extra virgin olive oil, Tower dressing, light mayonnaise
Gherkins, silver skin onions, olives, sun dried tomatoes
Baba ganoush & mint tzatziki

Hot Buffet

Lamb hot pot and caramelized carrots, redcurrant and
rosemary
Pan seared coley fillets, dill and grain mustard, Atlantic
bisque
Aubergine and chickpea stew
Preserved lemon couscous, red pepper and saffron sultanas
Sautéed potato, caramelised onions
Steamed broccoli with butter and flaked almonds

Desserts

Assorted mini cakes
Seasonal fruit salad with berries and mint
Cheesecake

FOOD ALLERGIES AND INTOLERANCES

If you suffer from an allergy or food intolerance please let us know, before ordering, so we can advise you. An information pack is available in the restaurant from your server listing the allergenic ingredients used in our foods, as required by current UK and EC laws. It also describes any associated cross contamination risk which may affect specific menu items. If you would like to consult it, please ask before ordering! Please note that our kitchens are not a nut or allergen free environment.