

# Treatment centres

*Need help for yourself, a loved one, an employee or client? Start with this list of resources.*

*The addiction-treatment and recovery centres on these pages are based in the UK.*

When you visit our sister online journal, you can click on photographs of each rehab to go direct to its website.

If you have specific requirements, such as gambling or eating disorders, a search facility will soon be available.

To add your facility to these pages, email [TheTeam@DBrecoveryresources.com](mailto:TheTeam@DBrecoveryresources.com)



**Abbeycare Newmarket**

Admissions: 01603 513091  
Brand-new purpose-built 14-bed specialist addictions recovery clinic set in picturesque Suffolk, just one hour from London.  
[www.abbeycare.co.uk](http://www.abbeycare.co.uk)  
Abbeycare Newmarket  
Jeddah Way, Newmarket CB8 8JY



**Abbeycare Scotland**

Admissions: 01603 513091  
21 bed specialist addictions recovery clinic, discreetly situated near Glasgow - set in a castle on 45 acres of land.  
[www.abbeycare.co.uk](http://www.abbeycare.co.uk)  
Abbeycare Scotland,  
Murdostoun Castle, Wishaw  
ML2 9BY



**Ark House**

Admissions Team: 01723 371869  
email form on website  
Ark offers 1st-stage and 2nd-stage care and aftercare, using psychodynamic therapies, REBT, CBT, 12 steps, Gestalt, etc –  
[www.arkhousesrehab.co.uk](http://www.arkhousesrehab.co.uk)  
15 Valley Rd, Scarborough, North Yorkshire YO11 2LY.



**Blueskies Recovery**

Admissions: 020 3553 5218  
Respectful drug & alcohol rehab. If you think you or a family member has a problem with drug or alcohol addiction... we can help you – details at [www.blueskies-recovery.com](http://www.blueskies-recovery.com)  
50 South Street, Farnham Surrey GU9 7RN.



**Brynawel House**

Admissions: 01443 226 864  
email form on website  
Only residential rehabilitation service in Wales with cognitive behaviour therapy at its core –  
[www.brynawel.org](http://www.brynawel.org)  
Llanharri Road, Llanharan, Pontyclun, Mid Glamorgan Wales CF72 9RN.



**Bosence Farm**

Admissions Team: 01736 850006  
info@bosencefarm.com  
Bosence offers rehabilitation using the 12 step model, detox and stabilisation to anyone aged 18 or over – details at [www.bosencefarm.co.uk](http://www.bosencefarm.co.uk)  
69 Bosence Rd, Townshend, Hayle TR27 6AN.



**Charter Harley Street**

Admissions Team: 020 7323 4970  
email form on website  
Counselling and psychotherapy for addictions, eating disorders, trauma and family relationships – details at [www.charterharleystreet.com](http://www.charterharleystreet.com)  
162 New Cavendish Street London W1W 6YS.



**Hebron Trust**

Admissions Team: 01603 439905  
info@hebrontrust.org.uk  
Looks at the multiple and complex problems which lie behind dependency, including past trauma – details at [www.hebrontrust.co.uk](http://www.hebrontrust.co.uk)  
10-12 Stanley Avenue, Norwich, Norfolk NR7 0BE.



**Hay Farm**

Admissions: 0845 053 1785  
enquiries@promisclinics.com  
Part of Promis, offers weekend assessment programme as well as 24-hour medical supervision, rehab and aftercare – details at <http://promis.co.uk/locations/promis-residential-clinic-hay-farm>  
Hay Lane, Deal, Kent CT140EE.



**Kairos Residential**

Admissions: 020-7701 8130  
Kairos.bethwin@kairoscommunity.org.uk  
Kairos Residential also links to detox, day programme, aftercare.  
[www.kairoscommunity.org.uk/treatment-services/residential-rehab](http://www.kairoscommunity.org.uk/treatment-services/residential-rehab)  
59 Bethwin Road, Camberwell, London SE5 0XT.



**Liberty House Clinic**

Admissions: 020 3553 5218  
21-bed drug and alcohol detox and rehabilitation facility set in a quiet and picturesque suburban street, with trained staff on site 24hrs a day – [www.libertyhouseclinic.co.uk](http://www.libertyhouseclinic.co.uk)  
220 Old Bedford Road, Luton Bedfordshire LU2 7HP.



**Littledale Hall**

Admissions: 01524 771500  
lhtcadmissions@btconnect.com  
LHTC offers 21st century addiction, trauma & wellbeing recovery & management with an unequivocal focus on recovery, quality of care and service delivery – [www.littledalehalltc.co.uk](http://www.littledalehalltc.co.uk)  
Littledale, Lancaster LA2 9EY.

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**Mount Carmel**

Admissions: 020 8769 7674  
[info@mountcarmel.org.uk](mailto:info@mountcarmel.org.uk)  
Offers residential, day and quasi-residential programmes and counselling; detox can be organised – details at [www.mountcarmel.org.uk](http://www.mountcarmel.org.uk)  
12 Aldrington Rd, London SW16 1TH.



**Oasis RC**

Admissions: 020 3553 5218  
Offers two programmes, allowing tailored treatment and client choice: the Oasis Strengths programme and a 12-step programme – details available at [www.oasisrecoverycommunities.co.uk](http://www.oasisrecoverycommunities.co.uk)  
Bridge St, Runcorn WA7 1BY.



**Recovery Lighthouse**

Admissions: 020 3553 5218  
This state-of-the-art drug and alcohol rehab is located in a quiet residential location and provides a welcoming, caring and safe environment for recovery – details available at [www.recoverylighthouse.com](http://www.recoverylighthouse.com)  
Winchester Rd, W Sussex BN11 4DJ.



**Sanctuary Lodge**

Admissions: 020 3553 5218  
This treatment facility benefits from new management with combined knowledge of the UK's most experienced and respected addiction treatment counsellors and practitioners – [www.sanctuarylodge.com](http://www.sanctuarylodge.com)  
Hedingham Rd, Essex CO9 2DW.



**StreetScene**

Admissions Team: 01202 467 661  
[info@StreetScene.org.uk](mailto:info@StreetScene.org.uk)  
Group includes Allington House, Cornerways, Francis House and Unity House – [www.streetscene.org.uk](http://www.streetscene.org.uk)  
Allington House, 46 Dean Park Road, Bournemouth, Dorset BH1 1QA.



**UKAT HQ**

Headquarters: 020 3535 5218  
Detox, rehab & therapy, spanning from luxurious rehabs with en suite rooms, gyms and full on-site medical nursing units to cost effective rehabs all across the UK – see five of our centres on these pages. [www.ukat.co.uk](http://www.ukat.co.uk)

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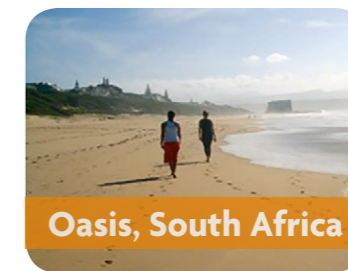
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**Rutland, Ireland**

Admissions: +353 1 494 6358  
[info@rutlandcentre.ie](mailto:info@rutlandcentre.ie)  
Ireland's best known addiction treatment centre provides safe, confidential and direct patient treatment for all addictions. [www.rutlandcentre.ie](http://www.rutlandcentre.ie)  
Rutland Centre, Knocklyon Road, Templeogue, Dublin 16, D16 YV04.



**Oasis, South Africa**

Admissions: +27 (0) 44 5331752 (+27 (0) 73 7989699 after hours)  
[info@oasiscentre.co.za](mailto:info@oasiscentre.co.za)  
Treats alcohol, drugs, self harm, sex addiction, eating disorders, gambling and more– details at [www.oasiscentre.co.za](http://www.oasiscentre.co.za)  
PostNet Suite 27, Plettenberg Bay, South Africa 6600.



**Camino, Spain**

Admissions: +34 951 107 195  
[meena@caminorecovery.com](mailto:meena@caminorecovery.com)  
Treating substance and process addictions, co-occurring disorders, trauma, family/relational issues in an intimate setting with dignity. [www.caminorecovery.com](http://www.caminorecovery.com)  
Cortijo la Fortaleza, Velez-Malaga, 29700, Spain.



**Ashley, US**

Admissions: +1 866.313.6310  
[info@ashleytreatment.org](mailto:info@ashleytreatment.org)  
Substance abuse programmes include: primary, relapse prevention, young adults and pain recovery programmes. [www.ashleytreatment.org](http://www.ashleytreatment.org)  
800 Tydings Lane, Havre de Grace, Maryland 21078.



**Nova Vida, Portugal**

Admissions: +351 919357186  
email form on website  
English speaking, individualised 12-step recovery treatment from professionals trained at the Priory – details at [www.novavidarecovery.com](http://www.novavidarecovery.com)  
Located 25 minutes' drive from the main airport at Faro.



**Sierra Tucson, US**

Admissions: 1 877.959.8896  
email form on website  
Programmes cover addiction & co-occurring disorders, complex pain, trauma & PTSD, mood & anxiety and eating disorders – details at [www.sierratucson.com](http://www.sierratucson.com)  
Sierra Tucson, Arizona.